

# श्री देव सुमन उत्तराखण्ड विश्वविद्यालय, बादशाहीथौल, टिहरी गढ़वाल (उत्तराखण्ड)

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/SDSUV/Conf./Prof./2025 Ref.No. 40

Dated- 18. X1-2028

#### ODD SEMESETER EXAM DATE SHEET 2024-25 B.A (YOGA) 1ST SEMESTER(BACK PAPER)

		B.A (YOGA) 181 SEIVIES	PAPER	PAPER CODE	TIME
DATE	DAY	PAPER NAME	1ST	OD-817	8.00 AM- 10.30AM
06.12.2025	Saturday	Foundation of Yoga	2 <sup>ND</sup>	OD-818	8.00 AM- 10.30AM
08.12.2025	Monday	Introduction to Hath Yoga and it's Texts	3RD	OD-819	8.00 AM- 10.30AM
10.12.2025	Wednesday	Human Anatomy and Physiology - I	4 <sup>TH</sup>	OD-820	8.00 AM- 10.30AM
12.12.2025	Friday	AECC-I (Communicative Studies)			

## B.A (YOGA) 3RD SEMESTER

		B.A (YUGA)		PAPER CODE	TIME
DATE	DAY	PAPER NAME	PAPER 1 <sup>ST</sup>	OD-821	11.00 AM-1.30 PM
06.12.2025	Saturday	Essence of Bhagavad Geeta for Holistic living.	2 <sup>ND</sup>	OD-822	11.00 AM-1.30 PM
08.12.2025	Monday	Yoga and Holistic Health	3 <sup>RD</sup>	OD-823	11.00 AM-1.30 PM
10.12.2025	Wednesday	Methods of Teaching Yoga  AECC-3 (Basics of Sanskritam)	4 <sup>TH</sup>	OD-824	11.00 AM-1.30 PM
12.12.2025	Friday	AECC-3 (Basics of Sanskirtam)			

#### B.A (YOGA) 5<sup>TH</sup> SEMESTER

		B.A (YOGA)	PAPER	PAPER CODE	TIME
DATE	DAY	PAPER NAME	1 <sup>ST</sup>	OD-825	2.00 PM - 4.30 PM
05.12.2025	Friday	Basic of Indian Culture Yoga and Human Consciousness	2 <sup>ND</sup>	OD-826	2.00 PM - 4.30 PM
08.12.2025	Monday	Yogic Management of Lifestyle	3 <sup>RD</sup>	OD-827	2.30 PM -5.00 PM
10.12.2025	Wednesday	Related Disorder  Principle of Naturopathy	4 <sup>TH</sup>	OD-828	2.00 PM - 4.30 PM
12.12.2025	Friday	Principle of Naturopaus			

Dr. (Hemant Bisht) Deputy Controller of Examination

## Copy for Information and necessary action:

- P.A. to V.C. For kind information of Hon'ble Vice Chancellor.
- Editor Dainik Jagran, Amar Ujala, Dainik Hindustan, Rastriya Sahara, with request that the above Examination schedule Kindly Publicised in your prestigious News Paper free of coast in the interest of mass student community.
- 4. All Directors / Dean of the University Campuses, Principals/ Director of all affiliated Colleges/ Institutions.
- 5. Finance Controller
- 6. Controller of Examination...
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- Office Copy.

Dr. (Hemant Bisht) Deputy Controller of Examination